

Master Mind Principles

1. **I surrender**

I powerfully step into surrendering Ego to the intention of the Universe. I request help to bring my life into alignment with my soul path.

2. **I believe**

I am ready to be transformed. I now affirm beliefs and attitudes that transform my life into my highest potential.

3. **I am ready to be changed**

I open my will and my life to my Higher Self. I request to be deeply healed in order that I may be an instrument of love and compassion in the world. I ask to be changed at depth.

4. **I allow & trust**

I allow my life to be supported by a higher power and plan. I trust and welcome divine guidance to touch me.

5. **I forgive**

I forgive myself for all my mistakes and shortcomings. I also forgive all other persons who may have harmed me.

6. **I ask**

I make known my specific requests, asking my partners' support, in knowing that the Universe is fulfilling all my needs with perfect timing.

7. **I give thanks**

I give thanks that the Universe and I are acting in unison to respond to my needs.

8. **I dedicate my life**

I now have a covenant in which it is agreed that my Higher Self is supplying me with an abundance of all things needed to live a successful and happy life.

I dedicate myself to be of service to the Universe and all those around me, to live in a manner that sets the highest example for others to follow, and to remain responsive to the Universe's guidance.

9. **I intend to wake up**

I now intend to use all my heart and will to wake up from the sleep of the automatic, unconscious life. I affirm that every day I make use of the tools for transformation available to me and I welcome each day for giving me the chance to transform myself, my life, and the world around me.

10. **I actualize**

I go forward with a spirit of joy, enthusiasm, expectancy. I give thanks. I am at peace.

Pattern:

- Each shares (with time limit, say 5 - 7 minutes), what has been active in the past month. No cross talk or advice-giving.
- Take turns reading Master Mind principles 1 - 6.
- All share (with time limit) to ask for support in what she is actively working on in the coming month. She can ask for loving advice or brainstorming at this point if needed.
- Take turns reading Master Mind principles 7 - 10, and close.